



Dr Gavralas is a caring and motivated GP, committed to doing the very best to ensure positive outcomes in all her consultations. She graduated from the University of Melbourne in 1995.

She is passionate about ongoing education in all fields of medicine and caring for her patients holistically by providing nutrition and lifestyle advice and coordinating care across different health care providers.

She is interested in preventative care at all life stages and has interests in the areas of:

- Women's health
- Post menopausal health
- Chronic Disease Management
- Paediatrics
- Implanon insertions
- IV iron infusions.

With a special focus on Travel Medicine she concentrates on pre travel health preparation and vaccinations including Yellow Fever administration and post travel assessment and review.

Dr Gavralas enjoys spending time with her 2 young children, playing tennis and cooking.